1.	The tin	ne free of demands of work or	r duty is	termed as
	A)	Time chart	B)	Peak load
	C)	Plan time	D)	Leisure
2.	Comm	unity Development Programn	ne was l	aunched on
	A)	14 th November 1957	B)	2 nd October 1952
	C)	15 th August 1947	D)	30 th October 1953
3.	An im	portant byproduct obtained wl	nen woo	ol fibre is cleansed.
	A)	Fibroin	B)	Lanolin
	C)	Serecin	D)	Crenolin
4.		tra energy required for digesti rred to as	ion, abs	orption and transportation of nutrients
	A)	Protein Efficiency Ratio	B)	Total Energy Requirement
	C)	Thermic effect of food	D)	Basal Metabolic Rate
5	the wa			at adult personality is determined by ces of pleasure and the demands of Vygotsky Erikson
	C)	riagei	D)	ETIKSOII
6		refers to the brightness or d	lullness	of a colour.
	A)	Hue	B)	Value
	C)	Intensity	D)	Chrome
7.	The Na A)	ational Literacy Mission was 1 1988 B) 1999	aunche	d in the year C) 2000 D) 1968
8.	The co	ount of cloth can be identified	using	
	A)	Twist tester	B)	Laundrometer
	C)	Pick glass	D)	None of the above
9.	Which	of the following food sources	s contair	n pre-formed Vitamin A?
	A)	Carrot	B)	Greens
	C)	Papaya	Ď)	Liver

10.		earch strategy i					re studied rep	eatedly	over a
	-	of time, usual							
	A)	Longitudinal			B)		ational resear		
	C)	Cross section	al appro	ach	D)	Descri	ptive researcl	n	
11.		shows w	hat one i	is expec		_		of time.	
	A)				B)	Budge			
	C)	Income profi	le		D)	Ledge	r		
12.		is a hydro	genated t	fat.					
	A)	Butter			B)	Lard			
	C)	Vanaspathi			D)	Tallow	V		
13.	Broca	de is an examp	ole of a fa	abric ma	ade by t	his wea	ve		
	A)	Leno			B)	Dobby			
	C)	Pile			D)	Jacqua	ırd		
14.	Which	n of the followi	ing denot	tes prot	ein qual	lity base	ed on nitroger	n balance	e?
	A)	PER	B)	BV	•	Č)	NPU	D)	CS
15.	An ag	ent that causes	birth de	fects					
	A)	Estradiol			B)	Schem	ıa		
	C)	Amygdale			D)	Terato	gen		
16.		lines increa	ase the ar	parent	width o	of a rooi	n.		
	A)		•		B)	Vertical			
	C)	Diagonal			D)	Curve	d		
17.	The N	ational Agric	ultural T	echnolo	ogy Pro	ject is f	unded by		
	A)	RBI			B)	World			
	C)	IDBI			D)	None o	of the above		
18.	The pa	art of the loom	that pres	sses the	newly	formed	yarns in place	e.	
	A) 1	Shuttle	1		B) .	Reed	J 1		
	C)	Heddle			D)	Harnes	SS		
19.	Which	n of the followi	ing is not	t a gene	tic diso	rder?			
	A)	Phenylketonu	_	J	B)		osemia		
	C)	Sickle cell an	aemia		D)	Cholel	ithiasis		
20.	An ex	ample of a non	-invasiv	e prena	tal diag	nostic to	est.		
	A)	Ultrasound so	onograph	ıy	B)	Amnic	centesis		
	C)	Chorionic vil	lus samp	oling	D)	None o	of the above		
21.	The ar	t of arranging	flowers a	along w	ith fruit	ts in Jap	anese style.		
	A)	Moribana		Č	B)	Hogar			
	C)	Morimono			D)	Haike			

22.	The IA) B)	, , , , , , , , , , , , , , , , , , , ,								
	C) D)	Couselling women to be fr Safe guarding women from		fear. abuse and crimes against them.						
	ĺ									
23.		t figures appear best dressed i		Chinary toyutumas						
	A) C)	Dull textures Bright colours	B) D)	Shiny textures Bold prints						
	C)	Dright colours	D)	Bold prints						
24.	The 1	body's most abundant fat solu	ıble anti	oxidant is						
	A)	Vitamin D	B)	Vitamin E						
	C)	Vitamin A	D)	Vitamin K						
25.		period of prenatal developme eption	nt that o	ccurs from two to eight weeks after						
	A)	*	B)	Embryonic period						
	C)	Foetal period	D)	Genetic period						
26.	A co	mbination of orange and blue	colours	result in colour harmony.						
	A)		B)	Split complementary						
	C)	Direct complementary	D)	Analogous						
27.	The a	art and science of helping adu	ılts to lea	nrn is known as						
	A)	Pedagogy	B)	Pedology						
	C)	Andragogy	D)	None of the above						
28.	An e	xample of a seam in which ra	w edges	are not visible.						
	A)	Plain seam	B)	French seam						
	C)	Double stitched seam	D)	Lapped seam						
29.	Over	all Calcium balance is mostl	y mainta	ined by which two regulatory agents?						
	A)	, , , , , , , , , , , , , , , , , , , ,								
	B)	Vitamin A and Thyroid Ho								
	C)	Vitamin C and Growth Ho								
	D)	Pituitary Hormone and TS	Н							
30.	A sex	l.	nat is cau	ised by human immune deficiency						
	A)	Syphilis	B)	Rubella						
	C)	Genital Herpes	D)	AIDS						
31.	Haza	rdous pollutant in CFL								
	A)	Nitrogen	B)	Mercury						
	C)	Chlorine	D)	Fluorine						
32.	Rajiv	Gandhi scheme for empowe	rment of	f adolescent girls started in 2011.						
	A)	SABLA	B)	STEP						
	C)	SWADHAR	D)	DWCRA						

33.	Basic (A) (C)	dyes are also called Chrome dyes Cationic dyes	B) D)	Vat dyes Acid dyes
34.	Cretin	ism is associated with the defi-	ciency (of
	A)	Iron	B)	Iodine
	C)	Folic acid	Ď	Calcium
35.	Which	of the following is not a com	ponent	of the APGAR Scale?
	A)	Heart rate	B)	Respiratory effort
	C)	Muscle tone	D)	Head circumference
36	1	ights conserve the maximum a	mount	of energy.
	A)	Incandescent bulbs	B)	Fluorescent tubes
	C)	CFL	D)	LED
37.	The ba	asic unit of extension work is		
	A)	Rural area	B)	Tribal area
	C)	Community	D)	Urban area
38.	An exa	ample of a nonwoven fabric.		
	A)	Dobby fabric	B)	Bonded fabric
	C)	Leno fabric	D)	Rib fabric
39.	The printesti		s such a	as proteins and fats are absorbed in the
	A)	Pinocytosis	B)	Diffusion
	C)	Active transport	D)	Filtration
40.	The R			ne principle of classical conditioning.
	A)	Albert Bandura	B)	Ivan Pavlov
	C)	B.F.Skinner	D)	Urie Bronfenbrenner
41.		is the crux of management p		
	A)	Goals	B)	Evaluation
	C)	Decision making	D)	Planning
42.		oor Manzil' is associated with		
	A)	Nilokheri Project	B)	Etawah Project
	C)	Marthandom Project	D)	Shanthinikethan Project
43.		n fibres leave this residue on bu	_	
	A)	Grey ash	B)	White ash
	C)	Crushable bead	D)	Hard bead
44.	Presen	ice of excess urea and other nit	trogeno	us substances in blood is referred to as
	A)	Haematuria	B)	Proteinuria
	C)	Ketonuria	D)	Azotemia

is called
is called
is called
fthe
e for
e surface of
ven years of
•

56.	A type	e of curtain style where curved	l lines a	
	A)	Tier curtain	B)	Priscilla curtain
	C)	Café curtain	D)	None of the above
57.	The fe	eedback cannot be immediate	-	•
	A)	Individual approach	B)	Group approach
	C)	Mass approach	D)	All of the above
58.	An ex	ample of flat collar is		
	A)	Mandarin collar	B)	Turtle collar
	C)	Cape collar	D)	Full roll collar
59.	Long	term treatment with antibiotic	s can ca	use a deficiency of
	A)	Vitamin A	B)	Vitamin D
	C)	Vitamin E	D)	Vitamin K
60.	Wescl	hler Scale measures		
	A)	Height	B)	Weight
	C)	Attitude	D)	Intelligence
61.	Toxic	substance released when plast	tic is bu	rned
	A)	Ammonia	B)	Oxygen
	C)	Dioxins	D)	Fluorine
62.		-		e authority, public resources and government to lower level agencies
	A)	Disinvestment	B)	Diversion
	C)	Dissolution	D)	Decentralization
63.	Perma	anent hardness of water can be	caused	by
	A)	Calcium Sulphate	B)	Calcium Chloride
	C)	Magnesium Sulphate	D)	All of the above
64.	Which	h of the following foods is avo	ided in	a clear liquid diet?
	A)	Clear soup	B)	Milk
	C)	Tender coconut water	D)	Lime juice
65.	The ar	rea of the brain's left frontal lo	be that	is involved in speech production and
		natical processing		
	A)	Corpus callosum	B)	Prefrontal cortex
	C)	Broca's area	D)	None of the above
66.	Which	•		g down the height of a ceiling?
	A)	A light ceiling with textured	walls	
	B)	A dark textured ceiling		
	C)	Patterns on the dark wall		
	D)	Dark coloured furniture in th	e room	

67.	Satel	lite communication							
	A)	Individual comm	unication	B)	Mass	commu	nicatio	on	
	C)	Group communic	cation	D)	None	of the a	bove		
68.	The f	finish used to bring	the fabric t				ons of	width and	d length
	A)	Singeing		B)	Tente	_			
	C)	Weighting		D)	Caler	dering			
69.		is an insoluble fi	ibre.			_			
	A)	Gums		B)	Muci	_			
	C)	Pectin		D)	Cellu	lose			
70.		is a type of lea	rning disab	-			fficulty	y in hand	writing
	A)			B)	•	alculia			
	C)	Dyslexia		D)	None	of the a	ibove		
71.		n white is added to	a colour, th						
	A)	Shade		B)	Value	e			
	C)	Tone		D)	Tint				
72.		lf Help Group starte				Kerala b	ased or	n micro c	redit,
		preneurship and wo	men empo						
	A)	Mahila Mandal		B)		mbashr	ee		
	C)	Kudumba Jyothi		D)	Jandh	nan			
73.	The a	everage cloth count	of surgical	gauze					
	A)	96 x 88		B)	121x	96			
	C)	28x24		D)	32x1	8			
74.	The p	process of addition	of nutrients				ified in	food sta	ndards
	A)	Restoration		B)		fication			
	C)	Bioavailability		D)	Enric	hment			
75.		re malnutrition caus iken, elderly appear	-	sufficie	ent prote	ein-calo	rie inta	ıke, resul	ting in a
	A)	Marasmus		B)	Phen	ylketonu	ıria		
	C)	Klinefelter's Syn	drome	D)		ebiasis			
76.	The (Consumer Protectio	n Act was p	oassed i	in the ye	ear			
	A)	1986 B)) 1996		C)	1982	D)	1992	
77.	Whic	th of the following	projects had	l its thr	ust on s	elf-emp	loymeı	nt?	
	A)	PMGSY B			C)	ICMS	-	D)	SGSY
78.	An e	xample of a natural	mineral fib	re					
	A)	Asbestos		B)	Fibre	glass			
	C)	Orlon		D)	None	of the a	bove		

79.		clining of		_				-	
	A) C)	Clinical exar Biochemical			B) D)		ysical method statistics	a	
80.	A me	thod of teachin	g those	with aud	ditory i	mpairm	ents		
	A)	Sign languag	_		B) _		r spelling		
	C)	Auditory trai	•		D)	_	the above		
81.		colour is use	d to abs	orb heat	in sola	ır cooke	r		
	A)	Red	B)	Orang	ge	C)	White	D)	Black
82.	Krish	i Vigyan Kend	ras wer	e started	by wh	ich of th	e following o	rganizat	ions?
	A)	ICMR	B)	ICAR		C)	FAO	D)	CARE
83.	An in	soluble coloure	ed parti	cle held	on the			y a bono	ding agent
	A)	Surfactant			B)	Morda	ant		
	C)	Dye			D)	Pigme	ent		
84.	Koilo	nychia is a clir			ited to		•		
	A)	Iodine	B)	Iron		C)	Thiamine	D)	Niacin
85.	A neo	natal startle re	sponse	that occu	ırs in r			oise or m	ovement.
	A)	Moro Reflex			B)		ng Reflex		
	C)	Grasp Reflex	ζ		D)	Babin	ski Reflex		
86.	A con	nbination of pl	-		-	•			
	A)	Pathological	_		B)		om fatigue		
	C)	Frustration fa	atigue		D)	Physic	ological fatig	ue	
87.		Central Social V		Board in	-			-	ſ
	A)	Aged popula			B)		g entrepreneu	rs	
	C)	Women and	childre	1	D)	None	of the above		
88.		stains are best		ed from c			-		
	A)	Methylated s			B)	Acetic			
	C)	Javelle water	r		D)	Chlor	ine		
89.		Millennium Dev	velopm	ent Goal	s were	designe	d to reduce di	sparities	in the
	world	l by							
	A)	2030	B)	2025		C)	2020 D)	2015	
90.		on's fifth devel	lopment	tal stage	which	individu	als experienc	e during	the
		scent years							
	A)	Initiative ver							
	B)	Identity vers		•	sion				
	C)	Trust versus							
	D)	Integrity vers	sus Des	pair					
91.		u of Indian Sta			passec	-			
	A)	1983	B)	1986		C)	1987	D)	1988

92.	The Ja A) B) C) D)	n Shikshan Sans Vocational trair Rural infrastruc Water supply an Health improve	ning a ture ond	nd skill levelopn nitation	nent	•			
93.	A)	portant property Resiliency	assoc	iated wit	B)	Hydro	oscopicity		
	C)	Felting			D)	All of	the above		
94.		ortified with Vita	min 1	A and iro					
	A)	Super rice			B)	Ultra			
	C)	Ferrous rice			D)	Extru	ded rice		
95.	and in	ere developments cludes deficienci stricted, repetitiv	ies in	social re	elation	ships, a	bnormaliti	es in comn	
	A)	Phobia			B)			oulsive Disc	order
	C)	ADHD			D)	Autis	m		
96.	The la	rgest biomass en	ergy s	source					
	A)	Wood			B)	Plasti			
	C)	Water			D)	None	of the above	ve	
97.	Which	among the follo	wing	states/U	nion te	rritorie	s has the lo	west Sex R	atio?
	A)	Chandigarh			B)	Keral	a		
	C)	Puducherry			D)	Chhat	tisgarh		
98.	An exa	ample of a therm	oplas	tic fibre					
	A)	Rayon	B)	Polyes	ter	C)	Silk	D)	Wool
99.	The m	icroorganism coi	mmor	nly conta	minati	ng eggs	,		
	A)	Shigella		-	B)		ridium		
	C)	Pseudomonas			D)	Salmo	onella		
100.		support system the						issues in w	hich
	A)	Amniotic sac			B)	Amni	on		
	C)	Chorion			D)	Place	nta		
101.		orticultural practive defined shapes			live pe	erennia	l plants to o	develop and	l maintain
	A)	Pruning			B)	Pergo	la		
	C)	Mulching			D)	Topia	ry		
102.	The sc	heme launched b	y Go	vt. of Inc	dia in1	999-20	00 for indig	gent senior	citizens
	A)	Samridhi	-		B)	Bhoja		-	
	C)	Subhiksha			D)		ooorna		

103.		nodern version of stencil					
	A)	Resist printing	B)	Scree	n printing		
	C)	Roller printing	D)	Disch	arge printin	ıg	
104.	Infant	Mortality Rate indicates	the number	of infan	ts who die l	before the	first
	birthd	ay for every bir	ths in a give	n year.			
	A)	•	100	C)	1000	D)	10000
	,	,		,		,	
105.	Whic	h of the following service	es are not of	fered by	ICDS?		
	A)	Referral services	B)	-	ementary fe	eeding	
	C)	Vocational guidance	D)		education		
	C)	v ocational galdanee	D)	Hount	r caacation		
106.	World	d Consumer Rights Day i	s celebrated	on			
100.	A)	March 10 th	B)	March	15 th		
	C)	March 21 st	D)	March	26 th		
	C)	IVIAICII 2 I	D)	Marci	1 20		
107.	ICT i	n education stands for					
107.			r Tostina				
	A)	International Computer	_				
	B)	Inter media Computation					
	C)	Information and Comn		-	ЗУ		
	D)	Information and Comp	utation I ech	inology			
100	Daala	d aille is two mafermers d into	aille erama la e	, 			
108.		d silk is transformed into		-			
	A)	Carding	B)	Blend	•		
	C)	Combing	D)	Throw	ving		
100	CAM	:1.:1.4					
109.		in children refers to	.41 1				
	A)	Simple Assessment Me					
	B)	Standard Assessment N					
	C)	Severe Acute Malnutri					
	D)	Supplementation And	Monitoring				
110	A			1.1.1.	1066 1	11.1.1.1	1 1
110.		mier government organi					
		otion of voluntary action		aining an	ia aocumen	itation in tr	ie domain
		men and child developm		*			
	A)	NIPCCD	B)	IAPE			
	C)	ICCW	D)	NCEF	RT		
111		1: 4 12 12 1	, •	C	., , .		.1
111.		rding to Engel's law of co		as a ram	my s incom	ie increases	s, the
		rtion of income spent on	1000				
	A)	Increases					
	B)	Decreases					
	C)	Decreases and then inc	reases				
	D)	Remains the same					
110	, .		1		1 1 . 1 .	1 .	
112.		bsite that displays posting				chronolog	gical ordei
		which usually has links to		-	ic postings		
	A)	Vlog	B)	Blog			
	C)	App	D)	None	of the abov	e	

113.	An age	ent used for stain removal		
	A)	Borax	B)	Oxalic acid
	C)	Ammonium Hydroxide	D)	All of the above
114. F	rom wh	ich of the following amino ac	ids can	niacin be synthesized?
	A)	Tyrosine	B)	Lysine
	C)	Trytophan	Ď)	Leucine
115.		stresses that behavior is strion and is characterized by cri Morphology Ethology		nfluenced by biology, is tied to sensitive periods. Etiology Etymology
116.	1. De ₁ 2. Air	of the following statement/s in pletion of stratospheric ozone pollution can lead to ozone deatospheric ozone has beneficial 1 only 2 & 3 only	poses hepletion	ealth risks.
117.		ates with the highest and the lotively according to Population Kerala and Jharkhand Kerala and Lakshadweep		teracy rates are ands of India 2011. Kerala and Mizoram Kerala and Bihar
118.	Which A) C)	of the following is not a blead Potassium Permanganate Sodium Hydrosulphite	ch? B) D)	Calcium Carbonate Sodium Hypochlorite
119.	Which HCl? A) C)	of the following cells are situ Buccal Parietal	ated in B) D)	the lining of the stomach and secretes Gastric Villi
120.		ype of child rearing that is stence, including being achieve Authoritative parenting Permissive parenting		likely to result in children's social riented and self-reliant. Authoritarian parenting Indulgent parenting